Kids in Research: We need you

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Who are we?

Our project: *Promoting Global Clinical Research in Children*

Tools for kids

We need your help
The MRCT Center works on international clinical trials, helping to make them better and faster, and more responsive to the experiences and needs of patients.
Promoting Global Clinical Research in Children

- The problem

- Global differences, such as:
  - Laws
  - Health care available

- Cultural differences

- Process differences
Promoting Global Clinical Research in Children

- Listening to kids (and their parents)
  - How we can do that well?
  - How do you know if you have spoken to enough kids?
  - Can one kid speak for another?
  - Can anyone speak for “everyone”?
  - Consider a 7 yo versus a 17 yo?
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KIDS and Covid-19

From all of us at iCAN, Thank you!

To all our healthcare workers during this challenging time...

THANK YOU!

Illustrated by Haedyn, age 9, Thompson Academy, KIDS Florida Chapter

Children’s story book released to help children and young people cope with COVID-19
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GET FACT SHEETS IN 30+ LANGUAGES

https://covid19healthliteracyproject.com/#

COVID-19 and pregnancy
COVID-19 for 3-6 year olds
COVID-19 for 6-12 year olds
COVID-19 for 13-18 year olds
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Why is school closed?

There’s a germ called Coronavirus that can make people sick.

What is Coronavirus?

We want people to stay healthy!

Why can’t I visit or hug my grandparents and friends?

Grandma and Grandpa are older and we don’t want them to get sick.

You can visit your grandparents and friends soon when the germ goes away. For now, we can call and video chat with them!

What if I’m worried about me or my family getting sick?

It’s normal to have worries. First, talk to an adult.

Next, find something fun to do instead of worrying!

What can I do to be a germbuster?

The germ likes to live on things we touch. Wash your hands with soap and count to 20 to make the germ go away!

If you cough or sneeze, cover your nose and mouth with your elbow!

Hey parents and caretakers!

✓ Be sure you and your children are practicing proper hand-washing technique and stay home as much as possible.
✓ Ask your child what they know about the virus. Reassure them and answer questions at an age-appropriate level.
✓ Monitor yourself and your children for any signs of COVID-19 and seek the guidance of a healthcare provider.

Created by the COVID-19 Health Literacy Project in collaboration with Harvard Health Publishing

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Let me tell you about COVID-19!

Why is our school closed?

What is COVID-19?

It's a new germ that also goes by Coronavirus.

It can make people sick, like the cold or flu.

It doesn't have legs, so it likes to travel on drops of water that are so tiny that you can't see them. When someone sneezes or coughs, it goes along for a ride.

It can also stick around on objects like doorknobs and phones.

It doesn't like soap and goes away when you wash your hands!

Lots of doctors and scientists are working on medicines so COVID-19 doesn't make more people sick, but for now...

Be a germbuster!

✓ Wash your hands before you eat, after touching your face, and after using the bathroom

✓ Sing Happy Birthday or Baby Shark while you scrub!

✓ Cover your mouth with your elbow if you cough or sneeze

✓ Stay home as much as you can, and talk with friends and family on the phone and online

✓ Help your family by doing a chore everyday!

✓ Ask a trusted adult to answer any questions you have, and tell them if you feel worried. It's normal! Mindfulness apps, exercise, and reading books can help too.

If everyone does their best to stay healthy, there is a better chance that people around them can stay healthy too!

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7/28/20
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The 7 tips to combat COVID-19 that everyone should be talking about...

1. Stay Clean!
   COVID-19 is spread like the flu, so wash your hands with soap and water for AT LEAST 20 SECONDS (yes, you should count -- or sing!). If there isn’t a sink nearby, use hand sanitizer. And if you need to cough or sneeze, do it into your elbow.

2. But I don’t feel sick...why do I need to stay home?
   Even if you don’t feel sick, you can have the virus and spread it to others, which could make them really sick. So stay home!

3. Physical Distance?
   “Social distancing” does not mean deleting your Snapchat, Insta, or TikTok. But since COVID can spread in the air, it’s important to be a sneeze distance (6 feet) away at all times.

4. How to help
   Spread accurate information about coronavirus ... not germs! Call your loved ones and stay in touch with your friends. And don’t forget to wash those hands!

5. Try your best to stay calm
   You may see a lot of people buying years’ worth of toilet paper, so it’s natural to feel scared. These reactions are normal, but if you notice that your anxiety is increasing, talk to a friend or family member. Try playing with a pet, reading your favorite book, writing, making memes, watching a funny video, or helping out around the house.

6. If you feel sick, tell someone!
   The sooner the better! It is okay to have a runny nose. Let a trusted adult or doctor know if you’re feeling sick or under the weather.

7. What is COVID-19?
   A virus that can cause symptoms like the flu (fever, cough, difficulty breathing) and spreads quickly. It spreads by being near someone who has the virus or touching surfaces they’ve touched or sneezed/coughed on.

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- 41 Languages
I AM A CHILD WITH COVID-19: Should I Join a COVID-19 Research Study?

Kids who have COVID-19, or might have COVID-19, may be able to join a COVID-19 research study.

A research study:
- collects new information about health and disease.
- tries to answer new questions that researchers have.
- needs volunteers to sign up.

COVID-19:
- is a new disease caused by a type of virus called coronavirus.
- may cause some people to have symptoms like cough, fever, weakness, muscle and other pains, and breathing problems.
- can be mild, but it can also make some people very sick.

Why should I be more careful around people?
- This virus spreads from a sick person to a healthy person very quickly.
- Being too close to your friends can pass the virus around.
- You sit and stand close to your friends when you are at school and when you play.

Why are there research studies about COVID-19 right now?
COVID-19 is a new virus so it is important to understand more about:
- How the virus spreads.
- Why some people barely get sick and other people get very sick.
- Which treatments work the best.

https://mrctcenter.org/blog/resources/covid-19-clinical-research-flyers/
What happened when I first enrolled in a trial?
You were probably told what it meant to be a part of the trial. You were probably asked to agree (although you may not remember that long ago!) This agreement is called assent. Your parent(s) or guardian gave permission for you to be in the trial because you were under the age of a “legal adult,” usually 18 years old.

What happens when I become a “legal adult”?
When you become a legal adult, usually at age 18*, you make your own decisions. If you are in a trial, you will be asked for your agreement to continue. This agreement is called consent.

Why would I say yes to being in a trial?
Some trials test experimental treatments or procedures. By participating, you may be helping others in the future!

Why would I say no to being in a trial?
We need your help

• More than education!
• How do we do this work and do it well?
• What is representativeness?
• What are successful strategies?
• How should we work with you?

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Thank you

http://MRCTcenter.org/