WHAT IS ASSENT?
A guide for young people.

Assent means to agree.

Some research studies only need the parent’s agreement —called consent—for a child or adolescent to participate. Other studies also need the child or adolescent’s agreement —called assent. This brochure applies only to studies that need assent.

What should I know before I agree to join a research study?

You should know WHY the research is being conducted and WHAT you will be asked to do as part of the research study. For example, you may be asked to take a new medication or visit a research site once a week.

You can ask your doctor or the research team any question that you have about the study.

Here are some sample questions you could ask the research team:

- What is the purpose of this research?
- Why am I being asked to participate?
- What will happen to me in the study?
- Could something bad happen to me?
- What will happen if I say “no”?
- How long is the study?
- Will I benefit from being in the study?
- Can I change my mind?
What if I say NO to joining the research study?

You can absolutely say no! If you say no, you will not be enrolled in the study. It is important to know that your medical care will not be affected, even if you say no.

Talk to your parents/guardians and the research team about your decision.

What if I say YES to joining the research study?

If you say yes, you will become a participant in the research study. Sometimes you will just say you agree to join the study, and sometimes you will sign a document. THANK YOU for contributing to research!

If I say yes but change my mind, can I leave the research study?

Yes, you can change your mind and leave the research study. If you want to change your mind, talk with your parents/guardians and the research team.